

# OWOSSO

## *Parks & Recreation Commission*



Regular Meeting  
6:00pm Tuesday, May 27<sup>th</sup>, 2014  
City Council Chambers  
Owosso City Hall



## MEMORANDUM

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301 W. MAIN ▪ OWOSSO, MICHIGAN 48867-2958 ▪ WWW.CI.OWOSSO.MI.US

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DATE: May 25, 2014

TO: Chairman Espich and the Owosso Parks and Recreation Commission

FROM: Susan Montenegro

RE: Parks & Recreation Commission Meeting: May 27, 2014

The Parks & Recreation Commission shall convene at **6:00pm on Tuesday, May 27, 2014** in the city council chambers of city hall. This is a regular meeting, and there will be a planning commission meeting following this meeting at 7:00 p.m.

Items to be discussed at this meeting are:

1. Green up/clean-up of parks - recap
2. Dog park maintenance and upkeep
3. Promoting Active Communities (PAC) Assessment
4. Community Garden waiver forms

If you have any other updates or new information before the meeting, please send it along to myself and the commission. You can call me on my cell phone at 989.890.1394 or email me at [susan.montenegro@ci.owosso.mi.us](mailto:susan.montenegro@ci.owosso.mi.us) with any questions or concerns you may have.

**Please RSVP! See you on the 27th!**

**AGENDA**  
**Parks & Recreation Commission**  
Tuesday, May 27, 2014--6:00 PM  
City Hall Council Chambers  
301 West Main Street  
Owosso, MI 48867

**Call to order:**

**Pledge of Allegiance:**

**Roll call:**

**Approval of agenda:** May 27, 2014

**Approval of minutes:** April 28, 2014

**Public comments:**

**Communications:**

1. Staff memorandum
2. April 28, 2014 minutes

**Business:**

1. Green up/clean-up of parks – recap
2. Bark park cleanup – recap
3. Promoting Active Communities (PAC) Assessment

**Public comments:**

**Adjournment:**

The City of Owosso will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audiotapes of printed materials being considered at the meeting, to individuals with disabilities at the meeting/ hearing upon seventy-two (72) hours notice to the City of Owosso. Individuals with disabilities requiring auxiliary aids or services should contact the City of Owosso by writing or calling the following: Amy K. Kirkland, City Clerk, 301 W. Main St, Owosso, MI 48867 or at (989) 725-0500. The City of Owosso website is: [www.ci.owosso.mi.us](http://www.ci.owosso.mi.us)



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- [Privacy](#)
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- [PAC Assessment](#)
- [DG Design Guidelines for Active Michigan Communities](#)
- [Frequently Asked Questions](#)
- [Submit Your Assessment](#)
- [Summary and Score](#)
- [Assess More Worksites & Neighborhoods](#)
- [Feedback Report](#)

## Promoting Active Communities Program Report for Owosso city

May, 2014

### Introduction & Overview

Thank you for taking the time and effort to submit this year's self-assessment related to how your community supports physical activity. People cannot be physically active unless there are safe, convenient opportunities for activity. Studies have shown that community design can influence physical activity levels, both positively and negatively.

The Promoting Active Communities Self-Assessment Tool and associated Award recognize communities that have made a commitment to become healthier places to live. Taking a look at your community is the first step toward making it easier for people to be active. The Promoting Active Communities Program began in 2000, with just a handful of community participants. The first year the self-assessment could be completed online was in 2003. In 2006, a new and more extensive online Promoting Active Communities assessment was launched. This year, your community is one of **34** community participants.

This report provides a summary of your responses and compares your results with those of other communities. The chart below offers information on the number of this year's participants categorized by community size (number of residents): small, medium and large.

#### Number of Applicants by Community Size

Community Size	Criteria	Total Submissions
Small	<10,000 residents	22
Medium	10,000 to 60,000 residents	11
Large	>60,000 residents	1

#### Summary Information About Your Community

**Name/Title of Community Contact:** Judith Fortino, BHC Grant Coordinator/Public Health Nurse

**Population ( Census):**

**Median Household Income:** \$ 32,576

**Total Area:** 5 square miles

**Type of Community:** City

**Date of Final Submission:** 9/18/2009

**Award Achievement Level:** Bronze

**Your Award Level Description:** Communities at the Bronze Level have taken significant steps toward making it easy for people to be active.

There are three key components that are essential for a comprehensive approach to create and maintain an active

living community.

1. **Current environment of your community:** The infrastructure your community has in place that supports active living. Examples of the current environment include existing sidewalks, bike paths and bike facilities, and the design of your downtown or shopping areas.
2. **Policies and planning:** Your community's commitment to creating an active living community as reflected in the written policies and plans, as well as the funding your community has in place. Examples of the policies and planning component include zoning ordinances and how various community master plans address active living concepts.
3. **Programming and promotion:** The programs and events your community offers that promote and encourage physical activity at work, school and community-wide.

**About the Award Levels**

To determine your award level designation, all three of the above components are considered. Your percent of total score as well as percent score in each of the three key components are used to determine your award level.

Award Level	% of Points	Award Level Description
Platinum	90% or more of maximum total points	Communities at the Platinum Level are models of commitment to healthy, active living.
	AND 90% or more of points in each key component area	
Gold	75% to 89% of maximum total points	Communities at the Gold Level can document outstanding achievements in making it easy for people to be active.
	AND 70% or more of points in each key component area	
Silver	60% to 74% of maximum total points	Communities at the Silver Level have achieved significant progress toward making it easy for people to be active.
	AND 50% or more of points in each key component area	
Bronze	45% to 59% of maximum total points	Communities at the Bronze Level have taken significant steps toward making it easy for people to be active.
	AND 30% or more of points in each key component area	
Copper	30% to 44% of maximum total points	Communities at the Copper Level have made a commitment to becoming a healthier place to live and have begun to take steps toward removing barriers to physical activity.
	AND 25% or more of points in each key component area	

**Feedback About Your Scores On the Key Components.** Your score in each of the three key components along with a comparison to other communities that completed the PAC assessment this year appear below.

Category	Your Score	Maximum Possible Score	Your % of Possible	Average %- Small Communities	Average %- Medium Communities	Average %- Large Communities
<b>Community Policies and Planning</b>	67	123	54.5 %	49.1 %	68.1 %	39.2 %
<b>Programming &amp; Promotion</b>	50.5	96	52.6 %	48.4 %	62.3 %	52.1 %
<b>Current Environment</b>	88.1	136	64.8 %	60 %	69.5 %	54.6 %

**Section by Section Feedback**

Although the award level determination was based on the key components, the sections of the assessment were organized by topic to assist communities in collecting and entering community data. Looking at your section and subsection scores may also help you identify strengths as well as areas that might be improved. We have also provided information on how each section relates to the three key components of an active community.

**Section 1 Feedback — Community Planning**

All the questions in Section 1 contribute to your Policies & Planning score. To create and sustain an active community, it is necessary to have written plans and policies in place that will support an active living environment.

	<b>Your Score</b>	<b>Maximum Possible Score</b>	<b>Your % of Possible</b>	<b>Average % - Small Communities</b>	<b>Average % - Medium Communities</b>	<b>Average % - Large Communities</b>
<b>Total Section 1</b>	15.5	47	33%	57.2%	72.1%	84%
<b>Community Commitment to Active Living</b>	1	2	50%	40.9%	63.6%	100%
<b>Community Planning Documents</b>	2.5	25	10%	60.1%	68.9%	76%
<b>Government Support for Active Living</b>	12	20	60%	55.1%	77%	92.5%

### Section 2 Feedback — Ordinances, Zoning and Codes

All the questions in Section 2 contribute to your Policies & Planning score. Municipal ordinances and zoning codes can “set the stage” for communities by creating guidelines to ensure community design that supports active living.

	<b>Your Score</b>	<b>Maximum Possible Score</b>	<b>Your % of Possible</b>	<b>Average % - Small Communities</b>	<b>Average % - Medium Communities</b>	<b>Average % - Large Communities</b>
<b>Total Section 2</b>	39	58	67.2%	44.2%	65.7%	13.4%
<b>Zoning</b>	8.5	12	70.8%	51%	63.1%	31.2%
<b>Sidewalks</b>	18	21	85.7%	44.6%	72.7%	4.8%
<b>Street Trees</b>	0	2	0%	36.4%	54.5%	0%
<b>Redevelopment</b>	0	1	0%	22.7%	90.9%	100%
<b>Connectivity</b>	4	6	66.7%	47.7%	72.7%	0%
<b>Dogs</b>	1	1	100%	90.9%	90.9%	50%
<b>Crossing Areas</b>	6	7	85.7%	29.9%	57.1%	0%
<b>Parking Standards</b>	1.5	7	21.4%	41.6%	50.6%	21.4%
<b>Access Management</b>	0	1	0%	40.9%	45.5%	0%

### Section 3 Feedback — New Community Development

All the questions in Section 3 contribute to your Policies & Planning score. Local governments review proposed development plans to ensure that the proposed land use or activity complies with municipal ordinances and zoning codes, as well as the community's character.

	<b>Your Score</b>	<b>Maximum Possible Score</b>	<b>Your % of Possible</b>	<b>Average % - Small Communities</b>	<b>Average % - Medium Communities</b>	<b>Average % - Large Communities</b>
<b>Total Section 3</b>	12.5	18	69.4%	44.1%	65.2%	5.6%

### Section 4 Feedback — Maintenance

All the questions in Section 4 contribute to your Current Environment score. To encourage community residents to participate in active living, regular maintenance of pedestrian, bicycle, and recreation facilities must be sustained. Safe and accessible sidewalks, bike lanes, and shared-use paths will be inviting to residents and motivate them to incorporate physical activity into their daily routines.

	<b>Your Score</b>	<b>Maximum Possible Score</b>	<b>Your % of Possible</b>	<b>Average % - Small Communities</b>	<b>Average % - Medium Communities</b>	<b>Average % - Large Communities</b>
<b>Total Section 4</b>	10	14	71.4%	64.1%	76.6%	39.3%

### Section 5 Feedback — Programs, Promotions and Facilities for Physical Activity

The questions in the Programming & Promotion subsection contribute to your Programming & Promotion score, whereas the remaining subsections contribute to your Current Environment score. Creating space for residents to be recreationally active is an important component of a healthy community. Programs and promotion are important to encourage use of such places. Furthermore, giving residents equal access to parks, shared-use trails, sports facilities, and programs that encourage active living will ensure that all residents have the opportunity to participate in physical activity and learn about the benefits of active living.

	Your Score	Maximum Possible Score	Your % of Possible	Average % - Small Communities	Average % - Medium Communities	Average % - Large Communities
<b>Total Section 5</b>	35.5	49	72.4%	68.2%	77.2%	53.1%
<b>Programming &amp; Promotion</b>	14	23	60.9%	64.9%	79.4%	52.2%
<b>Recreation Facilities</b>	9	13	69.2%	70.6%	77.6%	30.8%
<b>Parks</b>	6.5	7	92.9%	86.4%	83.4%	85.7%
<b>Trails/Shared-Use Path</b>	6	6	100%	54.2%	60.6%	66.7%

### Section 6 Feedback — Safety and Security Policies and Education

All the questions in Section 6 contribute to your Programming & Promotion score. Safety and security are essential precursors for physical activity. Residents must be confident that they will not feel threatened or come to physical harm while they are being physically active in their community.

	Your Score	Maximum Possible Score	Your % of Possible	Average % - Small Communities	Average % - Medium Communities	Average % - Large Communities
<b>Total Section 6</b>	11	13	84.6%	65.4%	75.5%	23.1%
<b>Education</b>	1	2	50%	50%	68.2%	100%
<b>Injury Prevention</b>	1	2	50%	43.2%	54.5%	0%
<b>Security From Crime</b>	9	9	100%	73.7%	81.8%	11.1%

### Section 7 Feedback — Bicycle Facilities

All except one of the questions in Section 7 contribute to your Current Environment score; the other contributes to the Programming & Promotion score. Having adequate bicycle facilities (e.g., bike lanes or bike racks) and related programs/promotions will make bicycling a safer and more enjoyable activity for residents. Without such facilities, few will choose this healthy mode of transportation and recreation.

	Your Score	Maximum Possible Score	Your % of Possible	Average % - Small Communities	Average % - Medium Communities	Average % - Large Communities
<b>Total Section 7</b>	0	13	0%	27.6%	38.1%	30.8%

### Section 8 Feedback — Public Transportation

All the questions in Section 8 contribute to your Current Environment score. A public transportation network is an important component of active living because it can reduce traffic congestion that makes walking and biking challenging. It can also encourage walking between transit stops and destinations, and accommodate residents traveling with bicycles.

	Your Score	Maximum Possible Score	Your % of Possible	Average % - Small Communities	Average % - Medium Communities	Average % - Large Communities
<b>Total Section 8</b>	16	19	84.2%	49.3%	70.8%	78.9%

### Section 9 Feedback — Downtown\*

All the questions in Section 9 contribute to your Current Environment score. Downtowns that are designed for higher density and mixed-use tend to be more amenable to active living. Locating attractions close together encourages residents to walk or bike between destinations. Higher density also means that there are more “eyes on the street” to make people feel safe when they are out in the community.

	Your Score	Maximum Possible Score	Your % of Possible	Average % - Small Communities	Average % - Medium Communities	Average % - Large Communities
<b>Total Section 9</b>	29.5	36	81.9%	70.3%	77.6%	61.8%
<b>Presence of Downtown</b>	5	5	100%	100%	100%	100%
<b>Mixed Land Use &amp; Accessibility</b>	10	13	76.9%	60.8%	71%	61.5%
<b>Sidewalks</b>	5.5	6	91.7%	77.1%	86.4%	54.2%
<b>Crosswalks</b>	3.5	4	87.5%	58%	58.5%	31.2%
<b>Streetscape</b>	2.5	4	62.5%	66.5%	79.5%	62.5%
<b>Lighting</b>	1	1	100%	88.6%	81.8%	50%
<b>Parking</b>	1	2	50%	48.9%	63.6%	62.5%
<b>Crime</b>	1	1	100%	93.2%	90.9%	50%

\*Note: Not all communities have a downtown area. Therefore, the average scores for the small, medium and large communities for this section are comprised only of those communities that have a downtown.

### Section 10 Feedback — Shopping Areas\*

All the questions in Section 10 contribute to your Current Environment score. Designing shopping areas near residential neighborhoods with connected sidewalks, adequate lighting, and traffic safety measures will make walking or bicycling to the store a more safe and pleasant experience. It also means more residents have access to these shops.

- Name of Shopping Area: M-21 commercial area
- Type of Shopping Area: Other, please describe

	Your Score	Maximum Possible Score	Your % of Possible	Average % - Small Communities	Average % - Medium Communities	Average % - Large Communities
<b>Total Section 10</b>	4	15	26.7%	54.4%	62.9%	
<b>Accessibility</b>	2.5	3	83.3%	67.8%	70.8%	
<b>Sidewalks</b>	0	3	0%	73.3%	75%	
<b>Streetscape</b>	0	2	0%	40.8%	57.8%	
<b>Lighting</b>	1	1	100%	91.7%	93.8%	
<b>Crosswalks &amp; Traffic</b>	0.5	4	12.5%	47.1%	49.2%	
<b>Parking</b>	0	2	0%	15.8%	50%	

\*Note: Not all communities have a shopping area. Therefore, the average scores for the small, medium and large communities for this section are comprised only of those communities that have a shopping area.

### Section 11 Feedback — Schools

All the questions in Section 11 contribute to your Programming & Promotion score. In this section, you were asked to assess one elementary school in your community. Encouraging children to walk or bicycle to school is one step in



building a life-long habit of incorporating physical activity into daily routines. Providing quality physical education and other physical activity opportunities helps ensure that children are able to be active on a regular basis.

- Name of School: Bryant Elementary
- School Enrollment: 340
- Number of Students who live:
  - Within one mile of school: 150
  - Within two miles of school: 140

	<b>Your Score</b>	<b>Maximum Possible Score</b>	<b>Your % of Possible</b>	<b>Average % - Small Communities</b>	<b>Average % - Medium Communities</b>	<b>Average % - Large Communities</b>
<b>Total Section 11</b>	10.5	22	47.7%	54%	55.2%	81.8%
<b>Healthy School Action School</b>	0	1	0%	27.3%	0%	0%
<b>Safe Routes to School</b>	4	10	40%	55.3%	53.2%	95%
<b>Physical Education</b>	2.5	5	50%	49.5%	62.7%	50%
<b>Other Physical Activity Opportunities</b>	2	3	66.7%	62.9%	59.1%	100%
<b>Physical Activity Policies</b>	2	3	66.7%	56.8%	63.6%	100%

### Section 12 Feedback — Neighborhoods

Most of the questions in Section 12 address the Current Environment, but some, such as the recreation questions, contribute to your Programming & Promotion score. In this section, you were asked to assess one community neighborhood that had an income level below the median household income level for your community. Neighborhoods that are proximate to places for activities, shopping, and services and designed with connected networks of sidewalks and roads will allow residents to choose active transportation for enjoyment or purpose-driven trips.

- Name of Neighborhood: Bryant School Neighborhood

	<b>Your Score</b>	<b>Maximum Possible Score</b>	<b>Your % of Possible</b>	<b>Average % - Small Communities</b>	<b>Average % - Medium Communities</b>	<b>Average % - Large Communities</b>
<b>Total Section 12</b>	10.1	21	48.1%	47.8%	60.2%	48.3%
<b>Services Nearby</b>	1.7	4	42%	56%	61.6%	51.1%
<b>Access to Services</b>	1.2	2	58.3%	56.8%	54.5%	50%
<b>Streets in Neighborhood</b>	1	2	50%	51.5%	75.8%	66.7%
<b>Places for Walking</b>	1.3	2	66.7%	52.3%	80.3%	83.3%
<b>Neighborhood Surroundings</b>	0.8	2	37.5%	36.4%	59.1%	50%
<b>Neighborhood Safety - Pedestrian and Bike</b>	1.2	2	58.3%	54.5%	56.1%	33.3%
<b>Neighborhood Safety - Crime Rate</b>	2	2	100%	78%	65.2%	33.3%
<b>Neighborhood Safety - Crime Prevention</b>	1	3	33.3%	24.2%	48.5%	66.7%
<b>Recreation</b>	0	2	0%	20.5%	40.9%	0%

### Section 13 Feedback — Worksites

All of the questions in Section 13 contribute to your Programming & Promotion score. In this section, you were asked to assess physical activity opportunities offered to public employees and opportunities offered by a private employer. The

private employer must be within the geographic boundaries of the community and ideally employ a large number of community residents. Encouraging community residents to walk or bike to work is one way to build a habit of incorporating physical activity into daily routines. Having a worksite environment equipped to support and encourage physical activity is also important.

- Name of Private Employer: Memorial Healthcare
- Number of Employees: 500 or more

	Your Score	Maximum Possible Score	Your % of Possible	Average % - Small Communities	Average % - Medium Communities	Average % - Large Communities
<b>Total Section 13</b>	12	30	40%	30%	52.4%	40%
<b>Private Worksite Promotion of Physical Activity</b>	7	15	46.7%	34.8%	58.2%	73.3%
<b>Promotion of Physical Activity for Public Employees</b>	5	15	33.3%	25.2%	46.7%	6.7%

**Section 14 — Summary and Next Steps**

Although there are no points associated with Section 14, the required questions are important. Each is asked to consider recent accomplishments and set realistic goals based on current assets.

Your community's accomplishments and strengths include the following:

- Most significant accomplishments in the past year for promoting/encouraging walking  
*Completing new river loop trail*
- Most significant accomplishments in the past year for promoting/encouraging bicycling  
*none*
- Most significant accomplishments in the past year for promoting/encouraging recreation  
*Starting new Artisans Market with a wide variety of activities and events, and a venue for promoting events and issues such as active living*
- The three most important things about your community that make it easy for residents to be active or encourage residents to be active
  1. Low crime rate
  2. Beautiful river trail
  3. Well organized community events with friendly participants

Three changes you identified that your community could realistically make in the next one to two years that would make it easier for people to be active and/or would encourage residents to be active:

1. Install bike racks
2. Install benches along trails and at other walking destinations
3. Enhance river trail with signage, mile markers, and distribute map brochures

Three changes you identified that your community could realistically make in the next three to five years that would make it easier for people to be active and/or would encourage residents to be active:

1. Add bike lanes
2. Improve park recreation facilities including adding playscape at largest park

3. Add walking trails at parks

***We commend your community for conducting this in-depth self-assessment. You have taken a very important step toward making it easier for your citizens to lead healthier lives. If you would like to talk with someone about approaches to make your community even more activity-friendly, please contact Sarah Panken at the Governor's Council on Physical Fitness at 800-434-8642, [sipanken@michiganfitness.org](mailto:sipanken@michiganfitness.org).***

Promoting Active Communities is a program of the Michigan Fitness Foundation.



[Click here](#) for a complete print version of Section 1 that shows all the questions.

**SECTION 1: COMMUNITY PLANNING** DG RG

In this section, we ask if your community's planning documents, priorities, and funding reflect commitments to health, recreation, and/or **active living**. To complete Section 1, you may need to talk with your community planning director, planning and zoning officer, town clerk, township supervisor, regional transportation authority, and/or city manager.

Questions that have a (CSI), (CSP), or (CSP&I) notation at the end are included in your **Complete Streets Score**.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the DG and RG links.

**Community Commitment to Active Living** DG RG

1.1 Has your community's governing body (for example, your city or village council, or township board) formed a standing citizens' advisory group, **non-motorized transportation advisory group**, or health coalition that is working to *increase, improve and/or promote opportunities* for active living such as walking, biking, or recreation in your community?

- Yes
- No

1.1a. Who is the leader or chairperson of your group?

Name:   
 Organization:   
 Title:   
 Email:   
 Phone:

1.2 Has your community's governing body (for example, your city or village council, or township board) assigned a staff person to be specifically responsible for pedestrian and/or bicycle transportation options?

- Yes
- No

**Community Planning Documents** DG

1.3 Does your community have a:

	Yes	No
<b>a. Master Plan</b> and/or <b>Parks and Recreation Plan</b>	<input checked="" type="radio"/>	<input type="radio"/>
<b>b. Regional Transportation Plan</b>	<input type="radio"/>	<input checked="" type="radio"/>
<b>c. One or more of the following: Non-motorized Transportation Plan, Bicycle Master Plan* and/or Pedestrian Master Plan**</b>	<input type="radio"/>	<input checked="" type="radio"/>

\***Bicycle master plan:** A document created to establish ways to include biking facilities in a city's transportation

plan. Bicycle master plans usually cover ways to plan and design bicycle route networks, create bicycle parking, provide bicycling amenities such as showers and clothing lockers (usually with landowners' assistance), maintain the route network, offer bicycle safety programs, promote bicycling in the city, and obtain the funds to implement these items.

**\*\*Pedestrian master plan:** A city- or township-wide plan developed to address the needs of pedestrians. Commonly these plans inventory existing pedestrian facilities and conditions (e.g., identify areas missing sidewalks or places with previous pedestrian-automotive accidents), create a priority list for public investment in infrastructure improvements, and implement the plan through a capital improvements program and the adoption of pedestrian supportive regulations or actions (e.g., creating pedestrian oriented design guidelines). Overall goals of such a plan can include enhancing mobility and physical activity for persons of all age and socioeconomic groups, increasing the use of non-motorized forms of transit, and enhancing environmental quality (i.e., air and water quality).

1.3a.1 You indicated your community has a Master Plan or a Parks and Recreation Plan or both. Which answer best describes your Master Plan or Parks and Recreation Plan?

- We have a Master Plan, but not a Parks and Recreation Plan
- We have a Parks and Recreation Plan, but not a Master Plan
- We have both types of plans, but they are separate documents
- We have both types of plans combined into one document

1.3a.2 When was your Master Plan last updated?  
(If your community does not have a Master Plan, answer for your Parks and Recreation plan.)

Year:

1.3a.3 Is a budget, cost estimates or capital improvement plan (CIP) connected to your Master Plan and/or Parks and Recreation Plan?

- Yes
- No

1.3a.4 Is there a timetable for implementation of your Master Plan and/or Parks and Recreation Plan?

- Yes
- No

1.3a.5 Are your Master Plan and/or Parks and Recreation Plan being followed?

*Note: This means some elements of the plan have been implemented or there are budget allocations or contracts in place for implementing certain elements.*

- Yes
- No

1.3a.6 Do either your Master Plan and/or Parks and Recreation Plan support the following active living concepts:

	Yes	No
a. Creating and maintaining a comprehensive network of safe walking routes in your community <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
b. Creating and maintaining a comprehensive network of safe bike routes in your community <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
c. Protection of open spaces and natural resources	<input checked="" type="radio"/>	<input type="radio"/>
d. <b>Mixed use</b> (mixing of residential and commercial land in the same area) <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
e. Providing <b>shared public places</b> <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
f. Designing attractive downtown areas or village centers <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>

g. Creating a network of parks <b>DG</b>	<input type="radio"/>	<input type="radio"/>
h. Maintaining and increasing the amount of <b>shared-use paths and trails</b> <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
i. Providing recreation facilities for people of all ages and all abilities <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
j. Creating <b>greenways</b> between parks, open spaces and outdoor recreation areas <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
k. Improving access to public transportation <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>
l. Ensuring that parks, <b>shared-use paths/trails</b> and open spaces are within walking distance of most homes, especially affordable housing <b>DG</b>	<input type="radio"/>	<input checked="" type="radio"/>

**Government Support for Active Living**

1.4 Has your community conducted a **walkability audit**? **DG** **RG**

- Yes; Indicate Year:
- No

1.5 Does your community have a plan or program to complete important **sidewalk connections** that are currently missing? **DG**

- Yes
- No
- All sidewalks in the community are already connected

1.6 Does your community have a plan or program to bring all sidewalks into compliance with **Americans with Disabilities Act** (ADA) requirements? **DG** **RG**

- Yes
- No
- All sidewalks in the community are ADA compliant

1.7 Has your community conducted a **bikeability audit**? **DG** **RG**

- Yes; Indicate Year:
- No

1.8 Do your community's planning documents require the accommodation of bicyclists in the roadway, such as the striping of **bike lanes** or paving of **wide curb lanes**, whenever major roads, (like **arterials** or collectors) are newly constructed or resurfaced in your community? **RG**

- Yes
- No

1.9 When major roads, (like **arterials** or collectors) are newly constructed or resurfaced in your community, how often are bicycle accommodations provided in the roadway, such as the striping of **bike lanes** or paving of **wide curb lanes**?

**DG**

- Always (More than 75% of the time)

- Often (50-75% of the time)
- Sometimes (Less than 50% of the time)
- Never

1.10 In the past 5 years, has your community shown a commitment to creating opportunities for physical activity by passing bonds, passing millages, levying taxes or getting grants to finance the following: **RG**

	Yes	No
a. Shared-use paths or trails	<input checked="" type="radio"/>	<input type="radio"/>
b. Recreation facilities	<input type="radio"/>	<input checked="" type="radio"/>
c. Parks and/or greenways	<input checked="" type="radio"/>	<input type="radio"/>
d. Sports facilities	<input checked="" type="radio"/>	<input type="radio"/>
e. Pedestrian enhancements (sidewalks, street crossing enhancements, etc.)	<input checked="" type="radio"/>	<input type="radio"/>
f. Bicycle enhancements (bike lanes, bike parking, road diets, etc.)	<input type="radio"/>	<input checked="" type="radio"/>

1.11 Section 10k of Act 51 establishes non-motorized transportation as a transportation purpose under the law, and therefore an eligible use of revenues distributed to cities and villages from the **Michigan Transportation Fund** (MTF). The section requires recipients of MTF revenues to spend an average (over a 10 year period) of not less than 1 percent of these revenues on non-motorized transportation services and facilities.

To answer the following questions, speak to your street engineer if you are in a city or village, and your county road commission if you are in a township.

1.11a What was your community's total funding through the MTF (Michigan Transportation Funds) last year?

\$

1.11b. If your community's MTF funding has remained relatively constant, approximately \$93,713 was available to your community for non-motorized transportation through MTF funds over the past 10 years.

1.12 How much of your community's Michigan Transportation Fund revenues did your community spend last year on non-motorized transportation services and facilities?

\$

1.12a. Last year, your community spent 4.94 % of their Michigan Transportation Fund revenues on non-motorized transportation services and facilities.

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[Click here](#) for a complete print version of Section 2 that shows all the questions.

## SECTION 2: ORDINANCES, ZONING AND CODES **DG** **RG**

Active Living principles can be reflected in a community's ordinances, zoning, and codes. Take a look at your local government [ordinances](#) or [codebook](#) to answer the questions in Section 2. Your city or township manager or city planner should be able to help you locate and interpret these documents.

Questions that have a (CSI), (CSP), or (CSP&I) notation at the end are included in your [Complete Streets Score](#).

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the **DG** and **RG** links.

### Zoning

2.1 Do your community's zoning regulations allow [mixed land use](#), at least in some areas? This means that retail establishments, residential uses, and community services can be side by side, in close proximity, or within the same building. **DG**

- Yes (Your ordinance allows this in at least some areas)
- No (Your ordinance does not allow this in any areas)

2.2 Do your community's zoning regulations allow [cluster zoning](#)? This means developers can design neighborhoods that group houses closer together as long as a portion of the proposed development area is preserved as open space.

- Yes
- No

2.3 Do your community's zoning regulations allow [planned unit development](#) (PUD) (also called planned residential development) *and* does your community use PUDs to promote active living?

- Yes
- No



2.4 Has your community adopted a [form-based code or smart code](#)? **DG**

- Yes
- No


2.5 Has your community adopted provisions enabling [traditional neighborhood developments](#) (TND)? Provisions could be revisions or a new chapter within your existing zoning ordinance, or adoption of a stand-alone ordinance enabling TND or [New Urbanist](#) neighborhoods.

- Yes
- No



2.6 Do your community's zoning regulations require that new commercial or residential developments limit the number of driveways that open onto major streets and roads? This is known as **access management**.  


- Yes
- No

2.7 In your **lowest density residential zone**, the maximum number of dwelling units that may be developed as a **permitted use** is: 

- Less than 1 dwelling unit per acre
- 1 dwelling unit per acre
- 2-4 dwelling units per acre
- 5-8 dwelling units per acre
- 9-13 dwelling units per acre
- Over 13 dwelling units per acre

2.8 In your **highest density residential zone**, the maximum number of dwelling units that may be developed as a **permitted use** is:

- 2-4 dwelling unit per acre
- 5-8 dwelling unit per acre
- 8-15 dwelling units per acre
- 16-24 dwelling units per acre
- 25-59 dwelling units per acre
- Over 60 dwelling units per acre

2.9 In your **highest density residential zone**, the minimum number of off-street parking spaces required is: 

- 0 (off street parking is not required)
- 0.5 per dwelling unit
- 1 per dwelling unit
- 2 per dwelling unit
- 2.5 per dwelling unit
- 3 per dwelling unit

2.10 In your **lowest density residential zone**, the minimum front yard **setback** allowed is:

- More than 25 feet
- 21-25 feet
- 16-20 feet
- 11-15 feet
- 10 feet or less
- Your community does not have this type of ordinance

2.11 Do your community's zoning regulations allow the development of neighborhood-oriented commercial businesses, such as coffee shops, corner groceries, daycare centers, or laundromats in all residential zones as a **permitted** or **conditional use**?

- Yes
- No

2.12 Do your community's zoning regulations allow **zero lot line development** in **commercial** or **mixed use** zones?

- Yes
- No

**Sidewalks**

2.13 Do your community's zoning regulations require sidewalks to be built for each of the following types of development: **DG**

	Yes	No
a. <b>Street infrastructure enhancements</b>	<input checked="" type="radio"/>	<input type="radio"/>
b. <b>Residential new development</b>	<input checked="" type="radio"/>	<input type="radio"/>
c. <b>Residential redevelopment</b>	<input checked="" type="radio"/>	<input type="radio"/>
d. <b>Commercial new development</b>	<input checked="" type="radio"/>	<input type="radio"/>
e. <b>Commercial redevelopment</b>	<input checked="" type="radio"/>	<input type="radio"/>

2.13a.1 For street infrastructure enhancements, are the following sidewalk features required:

	Yes	No
a. Sidewalks must be 5 feet wide or wider	<input checked="" type="radio"/>	<input type="radio"/>
b. Sidewalks must be on both sides of the street	<input checked="" type="radio"/>	<input type="radio"/>
c. There must be a <b>buffer zone</b> between the sidewalk and traffic on the street. (This can include on-street parking)	<input type="radio"/>	<input checked="" type="radio"/>

2.13b.1 For residential new development, are the following sidewalk features required:

	Yes	No
a. Sidewalks must be 5 feet wide or wider	<input checked="" type="radio"/>	<input type="radio"/>
b. Sidewalks must be on both sides of the street	<input checked="" type="radio"/>	<input type="radio"/>
c. There must be a <b>buffer zone</b> between the sidewalk and traffic on the street. (This can include on-street parking)	<input checked="" type="radio"/>	<input type="radio"/>

2.13c.1 For residential redevelopment, are the following sidewalk features required:

	Yes	No
a. Sidewalks must be 5 feet wide or wider	<input checked="" type="radio"/>	<input type="radio"/>
b. Sidewalks must be on both sides of the street	<input checked="" type="radio"/>	<input type="radio"/>
c. There must be a <b>buffer zone</b> between the sidewalk and traffic on the street. (This can include on-street parking)	<input checked="" type="radio"/>	<input type="radio"/>

2.13d.1 For commercial new development, are the following sidewalk features required:

Yes	No
<input type="radio"/>	<input type="radio"/>

a. Sidewalks must be 5 feet wide or wider	<input checked="" type="radio"/>	<input type="radio"/>
b. Sidewalks must be on both sides of the street	<input checked="" type="radio"/>	<input type="radio"/>
c. There must be a <b>buffer zone</b> between the sidewalk and traffic on the street. (This can include on-street parking)	<input type="radio"/>	<input checked="" type="radio"/>

2.13e.1 For commercial redevelopment, are the following sidewalk features required:

	Yes	No
a. Sidewalks must be 5 feet wide or wider	<input checked="" type="radio"/>	<input type="radio"/>
b. Sidewalks must be on both sides of the street	<input checked="" type="radio"/>	<input type="radio"/>
c. There must be a <b>buffer zone</b> between the sidewalk and traffic on the street. (This can include on-street parking)	<input type="radio"/>	<input checked="" type="radio"/>

2.14 Is sidewalk furniture, such as newspaper vending machines, advertising signs, benches, flags, or construction signs, required to be out of the path of pedestrians?

- Yes
- No
- Not applicable; Your community does not have sidewalks

**Street Trees** DG

2.15 Do your community's zoning regulations or other local ordinances (e.g., tree ordinances) require planting street trees at planned intervals along the **buffer zone/planting strip**:

	Yes	No
a. For new development	<input type="radio"/>	<input checked="" type="radio"/>
b. For redevelopment	<input type="radio"/>	<input checked="" type="radio"/>

**Redevelopment** DG

2.16 Does your community encourage **infill development** on vacant or underutilized land by offering incentives or financial assistance to interested developers, non-profit organizations, or landowners?

*Note: Infill development does not include development of open farmland or other greenspaces.*

- Yes
- No
- Not applicable; Your community does not have vacant or underutilized land

**Connectivity** DG

2.17 Do your community's master plan or subdivision regulations require high **connectivity** by requiring 300-400 foot block lengths for new development?

- Yes

No

2.18 Do your community's master plan or subdivision regulations require high **connectivity** by requiring a **grid-like street design** for new development?

Yes  
 No

2.19 Do your community's master plan or subdivision regulations require that all newly constructed or redeveloped streets in residential or commercial developments connect to adjacent neighborhoods and community amenities in the following ways:

	In residential areas		In commercial areas	
	Yes	No	Yes	No
a. Via streets	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
b. Via sidewalks or <b>shared-use paths/trails</b>	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

**Dogs** **DG**

2.20 Do your local ordinances or subdivision regulations require dogs to be on leashes or kept in fenced yards at all times, except at dog parks?

Yes, we have an ordinance and it is enforced  
 Yes, we have an ordinance but it is not enforced  
 No, we do not have an ordinance

**Crossing Areas** **DG**

2.21 Do your local ordinances require that there be marked and/or raised cross-walks with *additional pedestrian-focused treatments*, such as **pedestrian signals**, **median islands**, **leading-time pedestrian signals**, or visibility enhancements such as **flashing lights**:

	Yes	No	Not Applicable
a. At all intersections close to schools	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/> No schools in the community
b. At all major intersections	<input checked="" type="radio"/>	<input type="radio"/>	

2.22 Do your local ordinances require the installation of traffic islands or medians on newly built or reconstructed streets wider than 60 feet to provide refuge for pedestrians?

Yes  
 No

**Parking Standards** **DG**

2.23 For commercial establishments, has your local government unit adopted ordinances that:

	Yes	No
a. Require <b>reduced minimum parking standards</b> (for example, capping the number of parking spaces per square foot of retail space)	<input type="radio"/>	<input checked="" type="radio"/>
b. Allow <b>flexible parking arrangements</b> , such as <b>shared parking</b> lots to meet the <b>minimum parking standard</b>	<input type="radio"/>	<input checked="" type="radio"/>
c. Require <b>maximum parking standards</b> (for example, fewer parking spaces are allowed per square foot of retail space)	<input type="radio"/>	<input checked="" type="radio"/>

2.24 Do your community's zoning regulations allow or require new commercial areas to locate parking behind the building or on the street, rather than in a parking lot that is located between the street/sidewalk and the building?

- Yes, our ordinances *require* this
- Yes, our ordinances *allow* this
- No, our ordinances do not allow this

2.25 Do your community's zoning regulations require that new commercial areas have designated pedestrian walkways through parking lots?

- Yes
- No

2.26 Do your community's ordinances allow **on-street parking** on neighborhood streets?

- Yes
- No

2.27 Do your community's ordinances require bike parking for new commercial development? **DG** **RG**

- Yes
- No

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### Access Management

2.28 Has your community developed an **access management** program to improve the safety of your transportation system? **DG** **RG**

- Yes
- No
- 

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[Click here](#) for a complete print version of Section 3 that shows all the questions.

**SECTION 3: SITE PLAN REVIEW PROCESS** DG RG

When local governments review and approve proposed development plans for a particular piece of property, they can require that Active Living principles be applied. To find the answers to questions in Section 3, talk to your city or township manager, or city planner.

Questions that have a (CSI), (CSP), or (CSP&I) notation at the end are included in your **Complete Streets Score**.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the DG and RG links.

3.1 Does your community work with subdivision applicants and developers to ensure the **walkability** of proposed development? Walkability includes features such as **grid street design**, sidewalks along all roads, **street buffers**, **mixed use**, and **shared-use paths**. DG RG

- Always
- Often (more than half of the time)
- Sometimes (half of the time or less)
- Never

3.2. Does your community work with subdivision applicants and developers to ensure the **bikeability** of proposed development? Bikeability includes features such as **bike lanes**, signed preferred bicycle routes, **mixed use**, **shared-use paths**, and **bicycle parking**. DG RG

- Always
- Often (more than half of the time)
- Sometimes (half of the time or less)
- Never

3.3 Do the written documents that guide your community's site plan review process offer incentives or expedited approvals for the following active living principles? DG

	Yes	No
a. Locate new development adjacent to existing infrastructure	<input checked="" type="radio"/>	<input type="radio"/>
b. Create a <b>mixed use</b> community	<input type="radio"/>	<input checked="" type="radio"/>
c. Preserve open space and farmland	<input checked="" type="radio"/>	<input type="radio"/>
d. Is within walking distance of public transportation	<input type="radio"/>	<input checked="" type="radio"/>
e. Build pedestrian amenities, such as sidewalks on both sides of streets, street lights, and benches	<input checked="" type="radio"/>	<input type="radio"/>
f. Create a <b>grid street design</b>	<input type="radio"/>	<input checked="" type="radio"/>
g. Cluster residences to preserve open space	<input checked="" type="radio"/>	<input type="radio"/>

h. Provide public facilities for physical activity such as <b>shared-use paths or trails</b>	<input type="radio"/>	<input type="radio"/>
i. Create <b>bike lanes</b> and bike parking	<input type="radio"/>	<input checked="" type="radio"/>
j. Respect community character, design, and historic features	<input type="radio"/>	<input type="radio"/>
k. Plant trees and other aesthetic features	<input type="radio"/>	<input type="radio"/>
l. Create opportunities for resident interaction	<input type="radio"/>	<input type="radio"/>
m. Build <b>high density</b> residence units	<input type="radio"/>	<input type="radio"/>
n. Create short blocks	<input type="radio"/>	<input checked="" type="radio"/>
o. Build narrow streets for slower traffic speeds	<input type="radio"/>	<input type="radio"/>
p. Provide affordable housing	<input type="radio"/>	<input type="radio"/>

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[Click here](#) for a complete print version of Section 4 that shows all the questions.

**SECTION 4: MAINTENANCE** DG

Regular maintenance of pedestrian, cyclist and recreation facilities, such as **sidewalks**, **bike lanes**, and **shared-use paths**, is important to encourage active living. To answer the questions in Section 4, talk to your city engineer, recreation director, public works department, township supervisor, code compliance officer, or city manager.

Questions that have a (CSI), (CSP), or (CSP&I) notation at the end are included in your **Complete Streets Score**.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the DG and RG links.

4.1 Do your community's ordinances require business owners to keep sidewalks in front of their businesses clear from snow?

- Yes, we have an ordinance and it is enforced
- Yes, we have an ordinance but it is not enforced
- No, we do not have an ordinance
- The community government is responsible for sidewalk snow removal

4.2. Do your community's ordinances require individual homeowners or homeowners associations to keep sidewalks on (or adjacent to) their property clear from snow?

- Yes, we have an ordinance and it is enforced
- Yes, we have an ordinance but it is not enforced
- No, we do not have an ordinance
- The community government is responsible for sidewalk snow removal

4.3. Do your community's ordinances require individual homeowners to fix cracks and make repairs to sidewalks near or in front of their homes?

- Yes, we have an ordinance and it is enforced
- Yes, we have an ordinance but it is not enforced
- No, we do not have an ordinance
- The community government is responsible for sidewalk maintenance and repair

4.4 Does your community's road maintenance program include a schedule that prioritizes:

	Yes	No	Not Applicable



a. Keeping <b>bike routes</b> clear of snow	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/> No bike routes in community
b. Keeping bike routes clear of leaves and debris through street sweeping	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/> No bike routes in community
c. Maintaining <b>shared-use paths</b> . This means the surface is in good repair, brush vegetation is cut back, trash receptacles are emptied	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/> No shared-use paths in community
d. Keeping <b>shared-use paths</b> clear of snow	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/> No shared-use paths in community
e. Ensuring all walking or biking surfaces are kept level, with sewer grates and utility access covers even with surface	<input checked="" type="radio"/>	<input type="radio"/>	
f. Ensuring all sewer grates are bicycle friendly. This means the metal surfaces are roughened to prevent skidding, and that bike wheels cannot get caught in the grates	<input type="radio"/>	<input checked="" type="radio"/>	
g. Ensuring street shoulders, transition areas between streets and bridges, areas around grates, and surfaces between streets and gutters are maintained, free of potholes, and safe for bicyclists	<input checked="" type="radio"/>	<input type="radio"/>	
h. Ensuring street lights are well maintained throughout the community. This means that broken globes are changed in a timely manner	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/> No street lights in community
i. Checking <b>pedestrian signals</b> regularly to make sure they are operating	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/> No pedestrian signals in community
j. Regularly repainting <b>crosswalks</b>	<input checked="" type="radio"/>	<input type="radio"/>	
k. Regularly repainting <b>bike lane</b> lines	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/> No bike lanes in community

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[Click here](#) for a complete print version of Section 5 that shows all the questions.

## SECTION 5: PROGRAMS, PROMOTION AND FACILITIES FOR PHYSICAL ACTIVITY **DG**

Equitable access to parks, shared-use trails, and sports facilities is important for ensuring that all residents of all income levels can be physically active. Promoting facilities and encouraging residents to be physically active is also essential. Most of the questions in Section 5 can be answered by your parks and recreation department.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the **DG** and **RG** links.

### Programming and Promotion **RG**

5.1 Within the past 5 years, has a **community-wide campaign** been launched in your community encouraging residents to be physically active (that is, to increase activity in general, increase walking, encourage bicycle commuting, promote use of a trail, etc)? A community wide-campaign is a highly visible, coordinated effort that could include billboards, TV, radio, special interest stories in local newspapers, presentations to schools, promotional previews in movie theaters, or direct mailings.

- Yes  
 No

5.2 Within the past 12 months, how many events were hosted within your community with local government support (including the parks and recreation department, policing, etc.) that promote physical activity, such as walk-a-thons, pedometer challenges, 5K races, public walks, biking events, corporate challenges, etc.?

*Note: Please enter a whole number without commas or periods. If no events, enter zero.*

5.2a. Your community had 0.13 events per 1000 residents.

5.2b. Are physical activity events organized by your community's local government unit promoted to all neighborhoods in your community, and to residents of all income levels?

- Yes, promotion is evenly distributed  
 Mixed, some distribution, some concentration  
 No, promotion is mostly concentrated in one or a few areas

5.3 Is a written **inventory** of public physical activity facilities, parks, shared-use paths/trails and/or fitness classes available to the public?

- Yes  
 No

5.4 Does your community have the following recreation programs:

	No	Yes, moderate to high cost	Yes, free to low cost
a. Walking clubs	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
b. Biking clubs	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
c. Running clubs	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
d. Physical activity classes	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
e. Sports leagues for adults	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
f. Sports leagues for youth (not including school athletic programs)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
g. Senior citizen centers or nutrition sites that offer exercise programs	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
h. Other, please describe	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

5.4a.1 Is access to the recreation programs listed above fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, promotion is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas

**Recreation Facilities** RG

5.5 How many of the following exercise and/or recreation facilities within the community are open to the public and are free or low cost? Do not include school facilities, private gyms/clubs or facilities that are moderate to high cost.

*Note: Please enter a whole number in each space. If there are no such facilities, enter zero in the space provided.*

	Number that are free or low cost
a. Community ice skating arenas, roller/inline skating facilities, and skate parks	1
b. Swimming pools and water spray parks	1
c. Weight training facilities and community gyms/recreation centers	1
d. Tennis courts (# of individual courts)	4
e. Soccer fields (# of fields)	3
f. Baseball/softball fields (# of fields)	3
g. Basketball courts (# of individual courts)	6
h. Golf courses and disc golf courses	0
i. Volleyball courts, including sand (# of individual courts)	1
j. Handball/squash/racquetball facilities	1
k. Cross country ski trails and canoe liveries	0
l. Private malls or local schools open for walkers	6
m. Playgrounds with play structures (# of playgrounds)	6
<b>TOTAL FREE OR LOW COST RECREATION FACILITIES</b>	33

5.5n Is access to the recreation facilities listed above fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, access is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas

5.6 Is access to **supervised** recreation facilities for children fair and uniform – that is, available and convenient to all neighborhoods and children of all income levels?

- Yes, access is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas
- Not applicable; There are no supervised recreation facilities for children in the community

5.7 Does your community have a written policy agreement with the local school district(s) to provide access to school facilities for physical activity during non-school hours?

- Yes
- No

---

**Parks** **DG** **RG**

5.8 Does your community have one or more public parks?

- Yes
- No

5.8a. How many acres of public park space are available in your community?

*Note: Please enter a whole number without commas or periods. If there is no park space, enter zero.*

5.8b. Your community has 15.91 acres of public park space available per 1000 residents.

5.8c. Approximately what percentage of park facilities meet the standards of the **Americans with Disabilities Act** (ADA)? **RG**

- Less than 25%
- 25% to 50%
- 51% to 75%
- More than 75%

5.8d. Is access to public parks in your community fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, access is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas

**Trails/Shared-Use Paths**  

5.9 How many miles of **shared-use paths** or **multi-use recreational trails** are available in your community? This does not include sidewalks or **sidepaths** (wide sidewalks along roads).

*Note: Please enter a whole number without commas or periods. If no such paths or trails, enter zero.*

5

5.10 Your community has 1 miles of shared use paths or multi-use recreation trails available per community square mile.

5.10a. Is access to shared-use paths or multi-use recreational trails in your community fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, access is evenly distributed
  - Mixed, some distribution, some concentration
  - No, access is mostly concentrated in one or a few areas
- 

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[Click here](#) for a complete print version of Section 6 that shows all the questions.

## SECTION 6: POLICIES AND EDUCATION FOR SAFETY AND SECURITY **DG**

Safety and security are both critical for active living communities. *Safety* means that when people are out being active, they feel confident that they will come to no physical harm, such as from automobile crashes or poorly maintained sidewalks. *Security* means that pedestrians and cyclists can move without fear of crime or some other threat, such as an unleashed dog. Your public works department and local law enforcement agency can assist you in answering questions in Section 6.

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**LEARN MORE!** Follow the **DG** and **RG** links.

### Education

6.1 Are educational programs offered in the community to encourage bicyclists and/or skaters to follow safe riding practices? These programs are sometimes offered by local biking organizations, law enforcement agencies, safe kids coalitions, safe routes to school coalitions, or during smart commute week. **DG** **RG**

- Yes
- No

6.2 Are educational programs for motorists offered in the community on sharing the road legally and safely with bicyclists? These programs could be offered through media campaigns, local drivers education programs, or bicycling advocacy organizations.

- Yes
- No

### Injury Prevention

6.3 Does your community have a system or procedures in place to evaluate the factors behind pedestrian and bicyclist injuries caused by crashes with motor vehicles, and to recommend needed safety improvements?

For example, one system that works for many communities is to have a **non-motorized transportation advisory committee** or health coalition work with the public health department or hospitals to acquire injury data and determine the locations of pedestrian injuries. Recommendations for safety improvements can then be made to the public works department for high crash injury areas. **RG**

- Yes
- No

6.4 Are traffic regulations requiring cars to yield to pedestrians at **crosswalks** enforced?

- Always
- Usually (more than 50% of the time)
- Sometimes (25-50% of the time)

- Rarely (less than 25% of the time)
  - Never
- 

### Security from Crime

6.5 Are the following public facilities for physical activity regularly patrolled for security by law enforcement officers or trained volunteers?

a. Parks

- Always
- Usually (more than 50% of the time)
- Sometimes (25-50% of the time)
- Rarely (less than 25% of the time)
- Never
- Not applicable; There are no parks in the community

b. Shared-use paths/Trails

- Always
- Usually (more than 50% of the time)
- Sometimes (25-50% of the time)
- Rarely (less than 25% of the time)
- Never
- Not applicable; There are no shared-use paths/trails in the community

6.6 Does your community's police department have a **community policing program**?

- Yes
- No

6.7 Does your community's police department support **Neighborhood Watch Programs**? Support could include activities such as providing funding or incentives, assisting with organization development, or providing training programs.

- Yes
- No

6.8 In general, is fear of crime in your community a deterrent to biking or walking?

- Not at all a deterrent
  - Only a small deterrent
  - Somewhat of a deterrent
  - A very significant deterrent
- 

Promoting Active Communities is a program of the Michigan Fitness Foundation.



[Click here](#) for a complete print version of Section 7 that shows all the questions.

## SECTION 7: BICYCLE FACILITIES **DG** **RG**

This section assesses the "**bikeability**" of your community. Ask your city manager, engineer, or your community's transportation or public works departments for assistance with answering these questions.

Questions that have a (CSI), (CSP), or (CSP&I) notation at the end are included in your **Complete Streets Score**.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the **DG** and **RG** links.

7.1 How many miles of on-street **bike lanes** exist in your community? **DG** **RG**

*Note: Please enter a whole number without commas or periods. If your community does not have bike lanes, enter zero.*

0 miles

7.1a. Your community has 0.00 miles of on-street bike lanes per 1000 residents.

7.2 What is the total mileage of your community's **arterial streets**? Arterial streets are major roadways designed to carry large volumes of traffic and often have more than two lanes through developed areas.

*Note: Please enter a whole number, without commas or periods.*

miles

7.2a. How many miles of your community's **arterial streets** have on-street **bike lanes**, **wide curb lanes**, or **paved shoulders** that are in good enough condition for bicycling? **DG** **RG**

*Note: Please enter a whole number without commas or periods. If none of these features exist in your community, enter zero.*

miles

7.2b. Your community has 0.00 % of arterial streets with on-street bike lanes, wide curb lanes or paved shoulders.

7.3 Has your community examined the most appropriate bicycle facilities along its roadways and designated signed **bicycle routes**? A bicycle route is a section of road designated for bicycle use with signs, and may also have striping or pavement markings for bike lanes, wide curb lanes or paved shoulders. **DG**

- Yes, and we have a complete bicycle route system
- Yes, we've started the process and have a plan or program to designate and complete important **bicycle route connections** that are currently missing
- No, we have not assessed the bicycle facilities in our community and do not have designated bicycle routes



7.4 Does your community actively promote Bike to Work Day or Week, a Smart Commute program, or any other bicycle commuting incentive programs? **RG**

- Yes
  - No
- 

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[Click here](#) for a complete print version of Section 8 that shows all the questions.

## SECTION 8: PUBLIC TRANSPORTATION **DG** **RG**

Having a system of public transportation (or transit) promotes physical activity in three ways: (1) public transportation can reduce some of the traffic congestion that makes walking and biking challenging; 2) people who use public transportation generally walk some distance between their transit stops and their destinations; and 3) a public transportation system that can accommodate bicycles can increase the practicality of bicycling to many destinations. To answer the questions in Section 8, contact the director or an employee of the local public transit agency that serves your community.

Questions that have a (CSI), (CSP), or (CSP&I) notation at the end are included in your **Complete Streets Score**.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the **DG** and **RG** links.

8.1 Does your community have a system of public transportation or is it part of a regional transportation authority such as CATA (Capital Area Transportation Authority) or GRATA (Grand Rapids Area Transportation Authority)?

- Yes, we have a fixed-route transportation system
- Yes, we have a Dial-a-Ride type transportation system for the general public (that is, not limited to a special system for residents with disabilities)
- No, we do not have a public transportation

If you answer "no" to this question, the remaining questions in the section will not be displayed. To view these questions, please see the **Preview copy** of the application.

8.2. What proportion of your community is served by your area's public transportation system?

- Very few residents (0-25%)
- Some residents (26-75%)
- Most residents (more than 75%)
- All residents

8.3 Does your community's public transportation service area include major employers, medical facilities, schools and retail areas that serve your community?

- Includes none of these destinations
- Includes very few of these destinations (0-25%)
- Includes some of these destinations (26-75%)
- Includes most of these destinations (more than 75%)
- Includes all of these destinations

8.4. Does your community's public transportation system serve all areas of your community often enough to make it a realistic option for regular commuting?

- None of the relevant areas are served often enough
- Very few relevant areas are served often enough (0-25%)
- Some relevant areas are served often enough (26-75%)
- Most relevant areas are served often enough (more than 75%)
- All relevant areas are served often enough

8.5 Can public transportation stops be easily reached by walking?

*Note: This means that sidewalks leading up to the transit stop are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.*

- No stops
- Very few stops (0-25%)
- Some stops (26-75%)
- Most stops (more than 75%)
- All stops
- Not applicable; we have a Dial-a-Ride transportation System

8.6 Are the community's general funds and/or a dedicated transit millage used to help fund public transportation?

- Yes, general funds and/or a transit millage fund public transportation
- No, neither general funds nor a millage fund public transportation

8.7 Are public transportation vehicles in your community equipped with bike racks?

- Yes, all are equipped with bike racks
- More than 75% are equipped with bike racks
- 50% to 75% are equipped with bike racks
- 25% to 49% are equipped with bike racks
- Less than 25% are equipped with bike racks
- None are equipped with bike racks

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Promoting Active Communities is a program of the Michigan Fitness Foundation.



[Click here](#) for a complete print version of Section 9 that shows all the questions.

**SECTION 9: DOWNTOWN AREA** DG

Section 9 refers to your community's downtown area (if your community has a downtown). Take a walk or bicycle ride to your downtown area to answer these questions. You may also need to ask your community's public works department or Downtown Development Authority for some information.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the DG and RG links.

**Background Questions**

9.1 Does your community have a **downtown**?

- Yes
  - No
- If you answer "no" to this question, the remaining questions in the section will not be displayed. To view these questions, please see the [Preview copy](#) of the application.

9.2 Please indicate the boundaries surrounding your downtown area. Boundaries can include streets, highways, rivers or other natural terrain, or structural features such as railroad tracks.

Boundries vary in all directions for DDA district; a map could be provided to indicate the area as the streets change very frquently and sometimes the boundry changes by lot and not street.

9.3 Does your community have a **Downtown Development Authority**?

- Yes
- No

**Mixed Land Use and Accessibility**

9.4 Which of the following destinations are located within the boundaries of your downtown area:

	Yes	No
a. Park	<input checked="" type="radio"/>	<input type="radio"/>
b. Recreation center	<input type="radio"/>	<input checked="" type="radio"/>
c. Gym or fitness facility	<input checked="" type="radio"/>	<input type="radio"/>
d. Convenience/small grocery store	<input checked="" type="radio"/>	<input type="radio"/>
e. Supermarket	<input type="radio"/>	<input checked="" type="radio"/>
f. Fruit/vegetable market	<input checked="" type="radio"/>	<input type="radio"/>
g. Fast food restaurant	<input checked="" type="radio"/>	<input type="radio"/>
h. Coffee Shop	<input checked="" type="radio"/>	<input type="radio"/>
i. Non-fast food restaurant	<input checked="" type="radio"/>	<input type="radio"/>

j. Hardware store	<input checked="" type="radio"/>	<input type="radio"/>
k. Clothing store	<input checked="" type="radio"/>	<input type="radio"/>
l. Book store	<input checked="" type="radio"/>	<input type="radio"/>
m. Video store	<input type="radio"/>	<input checked="" type="radio"/>
n. Pharmacy/drug store	<input checked="" type="radio"/>	<input type="radio"/>
o. Laundry/dry cleaners	<input checked="" type="radio"/>	<input type="radio"/>
p. Post office	<input checked="" type="radio"/>	<input type="radio"/>
q. Bank/credit union	<input checked="" type="radio"/>	<input type="radio"/>
r. Salon/barber	<input checked="" type="radio"/>	<input type="radio"/>
s. Bus stop	<input type="radio"/>	<input checked="" type="radio"/>
t. Library	<input type="radio"/>	<input checked="" type="radio"/>
u. Elementary school	<input type="radio"/>	<input checked="" type="radio"/>
v. Other schools	<input checked="" type="radio"/>	<input type="radio"/>

9.5 Are there residential areas located within a safe ten-minute walk from your downtown area?

*Note: A "safe walk" means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.*

- No residential areas
- A few residential areas
- Many residential areas

9.6 Are there public transit stops located within a safe ten-minute walk from your downtown area?

*Note: A "safe walk" means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.* **DG**

- Yes
- No

---

### Sidewalks **DG**

9.7 Does your downtown area have sidewalks?

- Yes
- No

In your downtown area:

9.7a. How many downtown streets have sidewalks?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.7b. How many downtown streets have sidewalks on both sides of the street?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.7c. How many downtown streets have a **buffer zone** or **furniture zone** between the sidewalk, and automobile traffic or parking lots? **DG**

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.7d. How many sidewalks in your downtown area are wide enough for groups to walk together, and pass pedestrians coming in the opposite direction?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.7e. Are sidewalk obstructions in your downtown area, such as signs, newspaper vending machines, and trash receptacles placed out of the path of pedestrians so that they do not interfere with walking or wheelchair use?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

---

### Crosswalks **RG**

9.7f. How many intersections in your downtown area have two separate **curb ramps** (sloped sections of the sidewalk that connect to the crosswalk), one leading to each **crosswalk**? **DG**

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.8 How many **crosswalks** in your downtown area have well-marked pavement (i.e., with **continental or ladder style markings**, **stop bars**, or similar markings) and are supported by clear signage and lighting? **DG**

- None
- Very few (less than 25%)
- Some (25-75%)

- Most (more than 75%)
- All

9.9 How many **crosswalks** in your downtown area have **fixed-time pedestrian signals, leading-time pedestrian signals**, visibility enhancements such as **flashing lights, curb extensions**, or other pedestrian-focused devices or improvements so that pedestrians and bicyclists are prioritized at the intersections for safe crossing? **DG**

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.10 How many **crosswalks** in your downtown area on roads with four or more lanes have **medians** (with **curb ramps**) that provide a refuge and resting space for pedestrians while crossing? **DG**

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All
- Not applicable; The downtown has no four-lane or wider roads

---

### Streetscape **DG**

9.11 How visually attractive is your downtown area?

- Absolutely beautiful
- Very attractive
- Somewhat attractive
- Not at all attractive

9.12 How many streets in your downtown area are lined with trees?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.13 Does your downtown area have one or more outdoor public gathering spaces, such as parks, public squares, or green spaces, with places for people to sit? **DG**

- Yes
- No

9.14 Are benches placed at regular intervals in your downtown area?

- Yes, every block or every other block
- Yes, every three or more blocks
- There are no benches in the downtown area

---

### Lighting

9.15 Are sidewalks and parking areas in your downtown area lighted to enhance safety and security at night?

**DG**

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

---

### Parking

9.16 Are automobile parking areas in your downtown area located behind commercial buildings, in parking garages, or on the street -- not in parking lots between storefronts and streets? **DG**

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.17 Are **bike racks or bike storage lockers** conveniently located throughout your downtown area? **DG** **RG**

- None
- Very few
- Some
- Most

---

### Crime

9.18 In general, is fear of crime in your downtown area a deterrent to biking or walking?

- No
- A little
- Some
- A lot

---

Promoting Active Communities is a program of the Michigan Fitness Foundation.





[Click here](#) for a complete print version of Section 10 that shows all the questions.

## SECTION 10: SHOPPING AREAS **DG** **RG**

Section 10 refers to one of your community's shopping areas, other than your primary "downtown" shopping area. This may include a shopping mall, **big box retail area**, commercial strip mall, farmers market or **urban center**. To complete this section, please select one major shopping area in your community. Only this shopping area will be scored for your award application.

Take a walk or bicycle ride to the shopping area you select to answer the questions in this section. You may also need to contact your community's public works department.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the **DG** and **RG** links.

### Background Questions

10.1 Does your community have one or more shopping areas, other than a primary "downtown" shopping area, such as shopping malls, **big box retail areas**, commercial strip malls, or **urban centers**?

- Yes      If you answer "no" to this question, the remaining questions in the section will not be displayed. To view these questions, please see the [Preview copy](#) of the application.
- No

10.2 What is the name of the shopping area in your community for which you will be completing this section?

M-21 commercial area

10.3 Shopping area description (Select one):

- Big box retail** area
- Shopping mall
- Farmers market
- Commercial strip mall
- Urban center**
- Other, please describe

10.4 Please indicate the boundaries surrounding this shopping area. Boundaries can include streets, highways, rivers or other natural terrain, or structural features such as railroad tracks.

Extends along both sides of M-21 from Gould Sreet to State Road.

### Accessibility

10.5 Is your shopping area located within a safe ten-minute walk of residential homes? **DG**

*Note: A "safe walk" means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.*

- There are no residential areas within a safe walk
- Yes, there are a few residential areas within a safe walk
- Yes, there are many residential areas within a safe walk

10.6 Is your shopping area located within a safe ten-minute walk of public transit stops? **DG**

*Note: A "safe walk" means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.*

- Yes
- No
- Not applicable; Our community is not served by public transit

10.7 Are automobile entrances and exits from the road into your shopping area limited in number and width so as to protect pedestrians and cyclists on the sidewalks and roads? This is called "access management."

**DG** **RG**

- Yes
- No

### Sidewalks **DG**

10.8 Within your shopping area, are there safe and clearly designated sidewalks or pathways for pedestrians to walk:

a. From outside of the shopping area to the store entrances?

- Yes
- No

b. From parking areas to the store entrances?

- Yes
- No

c. From store to store?

- Yes
- No

### Streetscape

10.9 Is your shopping area attractively landscaped? **DG**

- Absolutely beautiful
- Very attractive
- Somewhat attractive
- Not at all attractive

10.10 Does your shopping area have one or more outdoor public gathering spaces, such as parks, public squares, or green spaces with places for people to sit? **DG** **RG**

- Yes  
 No

---

### Lighting

10.11 Are sidewalks and parking areas in your shopping area lighted to enhance safety and security at night?

**DG**

- None  
 Very few (less than 25%)  
 Some (25-75%)  
 Most (more than 75%)  
 All

---

### Crosswalks and Traffic **RG**

10.12 How many intersections within or leading to your shopping area have two separate **curb ramps** (sloped sections of the sidewalk that connect to the crosswalk), one leading to each **crosswalk**? **DG**

- None  
 Very few (less than 25%)  
 Some (25-75%)  
 Most (more than 75%)  
 All  
 Not applicable; There are no sidewalks in your shopping area

10.13 How many **crosswalks** within or leading to your shopping area have well-marked pavement (i.e., with **continental or ladder style markings, stop bars**, or similar markings) and are supported by clear signage and lighting? **DG**

- None  
 Very few (less than 25%)  
 Some (25-75%)  
 Most (more than 75%)  
 All

10.14 How many crosswalks within or leading to your shopping area have **fixed-time pedestrian signals, leading-time pedestrian signals**, visibility enhancements such as **flashing lights, curb extensions** or other pedestrian-focused devices or improvements so that pedestrians and bicyclists are prioritized at intersections for safe crossing? **DG**

- None  
 Very few (less than 25%)  
 Some (25-75%)  
 Most (more than 75%)  
 All

10.15 How many **crosswalks** within or leading to your shopping area on roads with four or more lanes have **medians** (with **curb ramps**) that provide a refuge and resting space for pedestrians while crossing? **DG**

- None
  - Very few (less than 25%)
  - Some (25-75%)
  - Most (more than 75%)
  - All
  - Not applicable; Your shopping area has no 4-lane or wider roads
- 

**Parking**

10.16 Are automobile parking areas in your shopping area located behind commercial buildings, in parking garages, or on the street -- not in parking lots between storefronts and streets? **DG**

- Yes
- No

10.17 Are **bike racks** or **bike storage lockers** conveniently located throughout your shopping area? **DG**  
**RG**

- None
  - Very few
  - Some
  - Many
- 

Promoting Active Communities is a program of the Michigan Fitness Foundation.



[Click here](#) for a complete print version of Section 11 that shows all the questions.

## SECTION 11: SCHOOLS **RG**

To complete this section, please select *one public Elementary School in your community*. If there are no public elementary schools within your community's boundaries, choose one that serves your community's children. Only this elementary school will be scored for the award application.

*Note: If the only elementary school in your community is a school that also serves middle school and/or high school students (that is, grades 7 and above), please complete the information for this school, but answer for the elementary school students.*

You will need to speak with a school administrator, transportation director, physical education or health education teacher, and/or a school nurse or other health professional from the school you select to answer the questions in this section.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the **DG** and **RG** links.

### Background Questions

11.1 Which public school districts serve your community's children?

*Note: Because more than one school district may serve your community's children, we have provided space for up to three school districts. If your community is served by more than three, please indicate the three that serve the most children in your community. If your community is served by fewer than three school districts, put NA or Not applicable for the other school districts.*

School District 1:   
 School District 2:   
 School District 3:

11.2 How many public schools (K-8) serve the children of your community?

Number of **Elementary Schools**   
 Number of **Middle Schools**   
 Number of **Combined Elementary Schools/Middle Schools**

11.3 For which elementary school will you be completing this section? Please provide school name and address.

Name of Elementary School:   
 Street Address of Elementary School:   
 City:   
 State:   
 Zip Code:

11.4 Does this elementary school also include middle school or high school grade levels (grades 6 and higher)?

- Yes  
 No

11.5 What is the total enrollment of Bryant Elementary?

*Note: Please enter a whole number with no commas or periods. If your school contains middle or high school grades, include only the elementary school, grades K-5 enrollment.*

340

11.6 How many of these students live:

- a. within 1 mile of the school? 150  
 b. within 2 miles of the school? 140

*Note: Please enter whole numbers with no commas or periods; if no students live within these distances, enter zero.*

### Healthy School Action Tool

11.7 Has Bryant Elementary completed the Health School Action Tool (HSAT) online assessment\*?

- Yes; Indicate Year:
- No

\* The Healthy School Action Tool is Michigan's tool for assessing the health of a school environment. To find out more about the HSAT, go to [www.mihealthtools.org/schools](http://www.mihealthtools.org/schools)

### Safe Routes to School

Michigan has joined the International **Safe Routes to School** (SR2S) movement to encourage students to walk and bicycle to school on safe routes and to obtain needed physical activity. A Michigan SR2S toolkit that includes materials and procedures for the SR2S process is available at [www.saferoutesmichigan.org](http://www.saferoutesmichigan.org).

11.8 Has Bryant Elementary used the SR2S process or a similar process to assess the number of students who walk or bike to school?


- Yes
- No

11.9 Has Bryant Elementary used the SR2S or a similar process to assess the safety and security of routes used by students who walk to school? *Safety* means that when people are out being active, they feel confident that they will come to no physical harm, such as from automobile crashes or poorly maintained sidewalks. *Security* means that pedestrians and cyclists can move without fear of crime or some other threat, such as an unleashed dog.

- Yes
- No

11.10 Has Bryant Elementary developed a SR2S or similar action plan to correct hazards along routes children use or could use to walk and bike to school, including education, encouragement, enforcement, and engineering strategies where needed?

- Yes
- No

11.11 Does Bryant Elementary have sidewalks on both sides of the streets leading to and from the school building that allow safe passage without conflicts from automobile traffic? 

- Yes
- No

11.12 Does Bryant Elementary have crossing guards present at major intersections leading up to the school?

- Yes  
 No

11.13 Does Bryant Elementary allow elementary school students to ride their bicycles to school?

- Yes  
 No

11.14 Does Bryant Elementary have **bike racks** or a safe place for students to keep bicycles at school?

- Yes  
 No

11.15 Has Bryant Elementary participated in **Walk to School Day** in the last 12 months? **RG**

- Yes  
 No

---

### Physical Education

11.16 Has Bryant Elementary adopted the **Michigan State Board of Education Policy on Quality Physical Education**?

**RG**

- Yes  
 No

11.17 Does Bryant Elementary use the **Michigan Exemplary Physical Education Curriculum (EPEC)** or comparable curriculum? **RG**

- Yes  
 No

11.18 During the past 12 months, how often was physical education provided for all elementary grades:

- Physical education is not offered throughout the entire school year or for all grades  
 90 minutes or less every week throughout the entire school year  
 91 to 149 minutes every week throughout the entire school year  
 150 minutes or more every week through the entire school year

*Note: If PE is not offered throughout the entire school year, then your minutes should not be averaged. Answer "Physical education is not offered..." as indicated above.*

---

### Other Physical Activity Opportunities

11.19 Does Bryant Elementary provide free or low-cost extracurricular activities and non-competitive physical activities that help develop skills and attitudes needed to participate in lifetime physical activities?

- Yes  
 No

11.20 Has Bryant Elementary participated in **ACES** (All Children Exercising Simultaneously) in the last 12 months?

**RG**

- Yes  
 No

11.21 Has Bryant Elementary participated in a school walking, mileage, or pedometer program in the last 12 months?

**RG**

- Yes, all elementary grades and classes  
 Yes, some elementary grades and classes  
 No

---

### Physical Activity Policies

11.22 Does Bryant Elementary have the following written policies and are they routinely enforced?

	No written policy	Yes, written policy but not routinely enforced	Yes, written policy & routinely enforced
a. Offer daily opportunities for unstructured physical activity for at least 20 minutes (recess)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
b. Prohibit the use of physical activity as punishment (for example, making children run laps or do push ups)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
c. Prohibit restricting participation in unstructured physical activity (recess) as punishment or to make up missed instructional time	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

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[Click here](#) for a complete print version of Section 12 that shows all the questions.

**SECTION 12: NEIGHBORHOODS** **DG** **RG**

To complete this section, please select one neighborhood in your community that is *below the median income level for the entire community*. Only this neighborhood will be scored for your award application.

- The median income for your community is: \$32,576.00

[Click here](#) for help in finding a neighborhood in your community below the median income level.

Once you have selected a neighborhood, we recommend that this section be completed by a team of residents who live in the neighborhood. The team of residents (at least two residents, but preferably more) should come to a consensus for each question. If the neighborhood has a neighborhood organization, you may want to contact the leader of this organization.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the **DG** and **RG** links.

**Background Information**

12.1 Name of Neighborhood:

12.2 Please indicate your neighborhood's boundaries. Boundaries can include streets, highways, rivers or other natural terrain, or structural features such as railroad tracks.

12.2a Median income for this neighborhood

**Stores, Restaurants, Schools & Other Services Nearby the Neighborhood**

12.3 Approximately how long would it take to get from the *center of your neighborhood* to the *nearest* businesses or facilities listed below if the average person *walked* to them?

Unsure? Grab a friend and try walking there!

*Note: If the destination does not exist in your neighborhood, select "More than 30 minutes." "There is no safe route to walk to this destination" indicates that an individual would not be safe from automobile traffic or secure from crime while walking to this destination.*

ACTIVITIES	1 to 5 minutes (about .25 mile)	6 to 10 minutes (about .5 mile)	11 to 20 minutes (about 1 mile)	21 to 30 minutes (about 1.5 miles)	More than 30 minutes (more than 1.5 miles)	There is no safe route to walk to this destination
a. Park	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Recreation center	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

c. Gym or fitness facility	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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<b>FOOD</b>	<b>1 to 5 minutes (about .25 mile)</b>	<b>6 to 10 minutes (about .5 mile)</b>	<b>11 to 20 minutes (about 1 mile)</b>	<b>21 to 30 minutes (about 1.5 miles)</b>	<b>More than 30 minutes (more than 1.5 miles)</b>	<b>There is no safe route to walk to this destination</b>
d. Convenience/small grocery store	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Supermarket	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
f. Fruit/vegetable market	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Fast food restaurant	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Coffee shop	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Non-fast food restaurant	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

<b>SHOPPING</b>	<b>1 to 5 minutes (about .25 mile)</b>	<b>6 to 10 minutes (about .5 mile)</b>	<b>11 to 20 minutes (about 1 mile)</b>	<b>21 to 30 minutes (about 1.5 miles)</b>	<b>More than 30 minutes (more than 1.5 miles)</b>	<b>There is no safe route to walk to this destination</b>
j. Hardware store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
k. Clothing Store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
l. Book store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
m. Video store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
n. Pharmacy/drug store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

<b>ERRANDS</b>	<b>1 to 5 minutes (about .25 mile)</b>	<b>6 to 10 minutes (about .5 mile)</b>	<b>11 to 20 minutes (about 1 mile)</b>	<b>21 to 30 minutes (about 1.5 miles)</b>	<b>More than 30 minutes (more than 1.5 miles)</b>	<b>There is no safe route to walk to this destination</b>
o. Laundry/dry cleaners	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
p. Post Office	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
q. Bank/credit union	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
r. Salon/barber	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
s. Bus stop	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

<b>LIBRARY &amp; SCHOOLS</b>	<b>1 to 5 minutes (about .25 mile)</b>	<b>6 to 10 minutes (about .5 mile)</b>	<b>11 to 20 minutes (about 1 mile)</b>	<b>21 to 30 minutes (about 1.5 miles)</b>	<b>More than 30 minutes (more than 1.5 miles)</b>	<b>There is no safe route to walk to this destination</b>
t. Library	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
u. Elementary school	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
v. Other schools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Access to Services

12.4 Please choose the answer that best applies to the consensus of the group. Both *local* and *within walking distance* mean within a 10 to 15 minute walk from the center of your neighborhood.

	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
a. Stores are within easy walking distance of our neighborhood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Parking is difficult in local shopping areas	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
c. There are many places to go within easy walking distance of our neighborhood	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
d. It is easy to walk to a bus or train stop from our neighborhood	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
e. The streets in our neighborhood are hilly, making our neighborhood difficult to walk in	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. There are major barriers to walking in our local area that make it hard to get from place to place (for example, freeways, railroad lines, or rivers)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Streets in the Neighborhood DG

12.5 Please choose the answer that best applies to the consensus of the group.

	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
a. The streets in our neighborhood do not have many, or any, dead-end streets, including cul-de-sacs	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
b. The distance between intersections in our neighborhood is usually short (the length of a football field or less)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
c. There are many alternative routes for getting from place to place in our neighborhood (residents don't have to go the same way every time)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

## Places for Walking DG

12.6 Please choose the answer that best applies to the consensus of the group.

	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
a. There are sidewalks on most streets in our neighborhood	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
b. Sidewalks are separated from the road/traffic in your neighborhood by parked cars	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
c. There is a grass/dirt strip that separates the streets from the sidewalks in our neighborhood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

**Neighborhood Surroundings** DG

12.7 Please choose the answer that best applies to the consensus of the group.

	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
a. There are trees along the streets in our neighborhood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
b. There are many interesting things to look at while walking in our neighborhood	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
c. There are many attractive natural sights in our neighborhood (such as landscaping, views)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. There are attractive buildings/homes in our neighborhood	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Neighborhood Safety and Security** RG

12.8 Please choose the answer that best applies to the consensus of the group.

	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
a. There is so much traffic along streets near our neighborhood that it makes it difficult or unpleasant to walk <span style="background-color: red; color: white; border-radius: 50%; padding: 2px;">DG</span>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. The speed of traffic on most streets near our neighborhood is usually slow (30 mph or less)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
c. Most drivers exceed posted speed limits when driving in our neighborhood	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
d. Our neighborhood streets are well lit at night <span style="background-color: red; color: white; border-radius: 50%; padding: 2px;">DG</span>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
e. Walkers and bikers on the streets in our neighborhood can be easily seen by people in their homes	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
f. There are crosswalks and pedestrian signals to help walkers cross busy streets in our neighborhood <span style="background-color: red; color: white; border-radius: 50%; padding: 2px;">DG</span> <i>Note: If there are no busy streets, select "Strongly Agree"</i>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
g. There is a high crime rate in our neighborhood <span style="background-color: red; color: white; border-radius: 50%; padding: 2px;">DG</span>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. The crime rate in our neighborhood makes it unsafe to go on walks during the day	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. The crime rate in our neighborhood makes it unsafe to go on walks at night	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12.9 Does your neighborhood have a neighborhood organization or block club? RG

- Yes
- No

12.10 Does your neighborhood have a community police officer assigned to the neighborhood?

- Yes  
 No

12.11 Does your neighborhood have a crime watch program?

- Yes  
 No
- 

## Recreation **RG**

12.12 Does your neighborhood organize a neighborhood walking club or biking club?

- Yes  
 No

12.13 Does your neighborhood organize recreational activities for residents, such as sporting events, teams, or leagues?

- Yes  
 No
- 

Promoting Active Communities is a program of the Michigan Fitness Foundation.



[Click here](#) for a complete print version of Section 13 that shows all the questions.

**SECTION 13: WORKSITES** RG

In this section, you will answer questions about one private employer in your community, as well as your community as a public employer -- to determine the extent to which they provide opportunities for and promote physical activity to their employees.

The private employer/worksites you select must be within the geographic boundaries of your community and ideally should be one that employs a large number of community residents.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

**LEARN MORE!** Follow the DG and RG links.

**Worksite Background Information**

Complete the following questions about the private employer/worksites you would like to assess. You will need to speak with a personnel or human resources administrator to answer these questions

13.1 Employer Name:

13.2 Employer Street Address:

City:

State:

Zip Code:

13.3 How many people are employed at this worksite?

- Fewer than 20
- 20 to 99
- 100 to 249
- 250 to 499
- 500 or more

**Worksite Physical Activity Promotion**

13.4 In which of the following ways does this employer or worksite promote physical activity for employees?

	Yes	No	Not Applicable
a. Provides showers and a locker area	<input checked="" type="radio"/>	<input type="radio"/>	
b. Provides safe areas to walk and/or exercise	<input checked="" type="radio"/>	<input type="radio"/>	
c. Offers flexible work or break times to allow physical activity	<input checked="" type="radio"/>	<input type="radio"/>	
d. Makes <b>individually adapted behavior change programs</b> available to employees	<input type="radio"/>	<input checked="" type="radio"/>	
e. Makes exercise classes available to employees	<input type="radio"/>	<input checked="" type="radio"/>	
f. Offers a walking club or other socially oriented physical activity groups	<input checked="" type="radio"/>	<input type="radio"/>	
g. Provides bike racks <span style="background-color: #E91E63; color: white; padding: 2px;">DG</span>	<input checked="" type="radio"/>	<input type="radio"/>	

RG

h. Offers incentives for walking, bicycling, or using public transportation to get to work	<input type="radio"/>	<input checked="" type="radio"/>	
i. Provides an on-site exercise room or facility or pays a substantial part of the membership fee to exercise clubs (YMCAs, fitness clubs, etc.)	<input type="radio"/>	<input checked="" type="radio"/>	
j. Provides health information to employees (via bulletin boards, newsletters, intranet messages or sites, etc.)	<input checked="" type="radio"/>	<input type="radio"/>	
k. Has a wellness coordinator or wellness committee to plan opportunities and events	<input type="radio"/>	<input checked="" type="radio"/>	
l. Gives incentives/rewards for employees who demonstrate a certain level of physical activity (such as reduced health insurance co-pays, extra vacation time, prizes, etc.)	<input type="radio"/>	<input checked="" type="radio"/>	
m. Encourages use of stairways in buildings where stairways are present. This means that stairways are easy to find, clean and appealing, and signs promote stair use for exercise	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/> No stairways in any buildings
n. Provides financial assistance to employees who purchase homes within walking distance of the place of employment	<input type="radio"/>	<input checked="" type="radio"/>	
o. Has completed the Designing Healthy Environments at Work (DHEW)* online assessment	<input type="radio"/>	<input checked="" type="radio"/>	

\*To learn more about Michigan's Designing Healthy Environments at Work assessment and how it can help improve the health of a worksite, go to <http://mihealthtools.org/work>

### Public Employees Background Information

The following questions apply to the community's public employees. You will need to speak with a government personnel or human relations administrator to answer these questions.

13.5 How many people does your community's governing body employ?

- Fewer than 20
- 20 to 99
- 100 to 249
- 250 to 499
- 500 or more

### Physical Activity Promotion for Public Employees

13.6 In which of the following ways does your community's governing body promote physical activity to public employees?

	Yes	No	Not Applicable
a. Provides showers and a locker area	<input type="radio"/>	<input checked="" type="radio"/>	
b. Provides safe areas to walk and/or exercise	<input checked="" type="radio"/>	<input type="radio"/>	
c. Offers flexible work or break times to allow physical activity	<input type="radio"/>	<input checked="" type="radio"/>	
d. Makes <b>individually adapted behavior change programs</b> available to employees	<input type="radio"/>	<input checked="" type="radio"/>	
e. Makes exercise classes available to employees	<input type="radio"/>	<input checked="" type="radio"/>	
f. Offers a walking club or other socially-oriented physical activity groups <b>RG</b>	<input checked="" type="radio"/>	<input type="radio"/>	
g. Provides bike racks <b>DG</b>	<input checked="" type="radio"/>	<input type="radio"/>	
h. Offers incentives for walking, bicycling, or using public transportation to get to work	<input type="radio"/>	<input checked="" type="radio"/>	
i. Provides an on-site exercise room or facility, or pays a substantial part of the membership fee to exercise clubs (YMCAs, fitness clubs, etc.)	<input type="radio"/>	<input checked="" type="radio"/>	
j. Provides health information to employees (via bulletin boards, newsletters, intranet messages or sites, etc.)	<input checked="" type="radio"/>	<input type="radio"/>	

k. Has a wellness coordinator or wellness committee to plan opportunities and events	<input checked="" type="radio"/>	<input type="radio"/>	
l. Gives incentives/rewards for employees who demonstrate a certain level of physical activity (such as reduced health insurance co-pays, extra vacation time, prizes, etc.)	<input type="radio"/>	<input checked="" type="radio"/>	
m. Encourages use of stairways in buildings where stairways are present. This means that stairways are easy to find, clean and appealing, and signs promote stair use for exercise	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/> No stairways in any buildings
n. Provides financial assistance to employees who purchase homes within walking distance of the place of employment	<input type="radio"/>	<input checked="" type="radio"/>	
o. Has completed the Designing Healthy Environments at Work (DHEW)* online assessment	<input type="radio"/>	<input checked="" type="radio"/>	

\*To learn more about Michigan's Designing Healthy Environments at Work assessment and how it can help improve the health of a worksite, go to <http://www.mihealthtools.org/work>

Promoting Active Communities is a program of the Michigan Fitness Foundation.





[Click here](#) for a complete print version of Section 14 that shows all the questions.

## SECTION 14: SUMMARY AND NEXT STEPS

This section is required but not scored. We recommend that you complete this section last, after you've completed all of the other sections. We also recommend that you review the [Summary and Score](#) page prior to completing this section; this may help you in further pinpointing strengths and accomplishments as well as areas that you may want to work on.

**Please check the information you enter below for grammar and typos before you submit your application.** Any typos and grammar errors may appear on your final feedback report.

*Note: If you have questions about any aspect of the assessment, please contact Michelle Snitgen (via email at [msnitgen@michiganfitness.org](mailto:msnitgen@michiganfitness.org) or via phone at 517-908-3816).*

### Accomplishments and Strengths

14.1. What were your community's most significant accomplishments for promoting/encouraging walking in the past year?

Completing new river loop trail

14.2. What were your community's most significant accomplishments for promoting/encouraging biking in the past year?

none

14.3. What were your community's most significant accomplishments for promoting/encouraging recreation in the past year?

Starting new Artisans Market with a wide variety of activities and events, and a venue for promoting events and issues such as active living

14.4. Please list what you believe are the three most important things about your community that makes it easy for residents to be active, or encourages residents to be active.

- 1 Low crime rate
- 2 Beautiful river trail
- 3 Well organized community events with friendly participants

### Next Steps

14.5. Based on this self-assessment process, please describe three changes that your community could realistically make in the next one to two years that would make it even easier for people to be more active, and/or would encourage residents to be active.

- 1 Install bike racks
- 2 Install benches along trails and at other walking destinations
- 3 Enhance river trail with signage, mile markers, and distribute map brochures

14.6. Based on this self-assessment process, please describe what you believe are the three changes that your community could realistically make in the next three to five years that would make it even easier for people to be more active, and/or would encourage residents to be active.

- 1 Add bike lanes
- 2 Improve park recreation facilities including adding playscape at largest park
- 3 Add walking trails at parks

14.7. Based on this self-assessment process, are there potential changes that you have identified but not listed because they don't seem feasible? If so, please list these potential changes and explain why they do not seem feasible.

	Description	Reason Not Feasible
Potential Change 1	Employer support for physical activity	cost
Potential Change 2	Ad campaign for promotion of physical activity (resources available & benefits)	cost
Potential Change 3		
Potential Change 4		
Potential Change 5		

**Contact Information**

14.8. We may want to contact the people who helped conduct your community's assessment and recognize individuals if an award is given to your community. We would also like your help in developing a mailing list for sharing Active Communities information.

Start by entering the names, titles, and contact information of the people who participated in completing the assessment and check the appropriate box in the column to the right indicating whether the person helped complete the assessment and whether they should be included in the Active Communities mailing list.

If there are others in your community who did not help with the assessment but would like to be on the Active Communities mailing list, please enter their names, titles, and contact information. Be sure to check off that they would like to be on our mailing list by checking the box in the last column.

Add a New Contact Here		
<b>Name:</b> <input type="text"/> <b>Title:</b> <input type="text"/> <b>Phone:</b> <input type="text"/>	<b>Address:</b> <input type="text"/>	<input type="checkbox"/> Helped with the assessment <input type="checkbox"/> Include on "Active Communities" Mail List <hr/> <div style="border: 1px solid red; padding: 2px; display: inline-block;"> <a href="#">Click here to save contacts</a> </div> <i>Note:</i> You will be able to save as many contacts as you want.
<b>Email:</b> <input type="text"/>		

Review Saved Contacts Below		
<b>Name:</b> <input type="text" value="Natalie Burg"/> <b>Title:</b> <input type="text" value="DDA Director"/> <b>Phone:</b> <input type="text"/>	<b>Address:</b> <input type="text" value="City Hall"/> <input type="text" value="Owosso, MI 48867"/>	<input checked="" type="checkbox"/> Helped with the assessment <input type="checkbox"/> Include on "Active Communities" Mail List

989-725-0571	<input type="checkbox"/> Check here to delete this record, then click any save button on this page.
<b>Email:</b>	
<natalie.burg@ci.owosso.mi.us>	

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14.9 Please provide an active living success story (2000 characters or less) about your community that has occurred in the past 5 years. Include the date(s) that the success was achieved, the organizations and/or key community champions that were involved or instrumental in the achievement, and any observations or data that you have on the impact it has had on the physical activity levels and quality of life of community residents.

Examples could include creating a policy or plan that addressed non-motorized transportation needs, hosting a community event that encouraged people to walk or bike for short trips, or making infrastructure improvements that facilitate regular physical activity such as filling sidewalk gaps or installing bike racks and bike lanes.

This summer the City of Owosso completed the 2.2 mile River Loop Trail as part of the James Miner River Walk Trail which follows the banks of the Shiawassee River as it winds through the city. The trail includes a stunning wood bridge across the Shiawassee River to make the loop, which was entirely built by the city from lumber from local trees that the city milled themselves. It is a wonderful example of the spirit and resourcefulness of Owosso and shows their can do attitude even when there are difficult economic times. The view from the bridge makes people want to walk the trail! (If needed, the bridge can be used for emergency traffic.) Pictures are available.

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14.10 What suggestions do you have for improving the Promoting Active Communities self-assessment questionnaire and award program?

none

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Promoting Active Communities is a program of the Michigan Fitness Foundation.